

Costa Rica 2025: Reset and Restore Retreat

Policies, Waivers, Releases & Agreements

Please carefully read all the terms and conditions of this contract detailed below.

For and in consideration for being permitted to participate in the retreat that you have selected (hereinafter the "Retreat" as defined herein), you understand and agree to accept and be bound by the terms and conditions set forth in this Agreement.

Please initial each item and sign below.

Cancellation & Registration Policies

Our cancellation policy is strict and firm. Cancellation/travel insurance is highly recommended to protect your investment. www.insuremytrip.com that has a multitude of policies to choose from, plus has a "cancel for any reason" rider option.

In the event of YOUR cancellation:

Your 50% deposit(s) per person is/are non-refundable.

Cancellations on or before January 15, 2025: You will forfeit your 50% deposit(s), plus a cancellation fee of \$100.00. The remainder of your payment will be refunded to you.

Any cancellations made after January 15, 2025 are 100% non-refundable.

In the event of cancellation by Diana Hill/Luca Cupery, you will be refunded your entire payment.

Please confirm that the retreat has reached minimum capacity before purchasing your airline tickets, if required.

Finalization/cancellation of retreat may occur up to 30 days prior to retreat.

I understand that there are no refunds if I choose to cancel, change or opt out of any part of my trip based on the cancellation policy above.

I understand any changes to my hotel and/or training choices on the following pages must be requested by February 15, 2025, are limited based on availability and must be paid for immediately if there are any additional costs.

_____ **I agree to the above terms (please initial)**

Waivers & Release

Yoga and Other Activities Waiver

I agree that I am solely responsible for my own health and safety at all times during the 2024 Reset and Restore Retreat with Diana Hill/Luca Cupery. Neither the facilitators nor Diana Hill/Luca Cupery, nor any of their assistants, shall be held liable for any injury related to this Retreat. I agree to assume all risks associated with the program in any and all way. Furthermore, I also agree to inform the appropriate person(s) of any movements, activities that I feel may injure me and I will not perform any activity or movement, or engage in any treatment which I feel is likely to cause me to injure myself. I will inform the teachers, therapists, practitioners and/or assistants of any limitations or medical conditions that may affect my practice. I agree to treat my body with patience, compassion and respect during my practice.

I understand I can stop and rest anytime. My signature indicates that I release Diana Hill/Luca Cupery, their assistants, guest teachers, from all liability for any injuries sustained as a result of my participation.

_____ I agree to the above terms (please initial)

Retreat Participant Agreement

Release/Responsibility

The participant, by signing this agreement, agrees that the Retreat Organizers (Diana Hill/Luca Cupery), guest teachers, and their respective representatives, will not be held liable for any injury, damage, loss, delay or irregularity that may be occasioned for any reason, including, but not limited to any defect in a vehicle, the acts or default of any company or person engaged in conveying a participant, acts of God, terrorism, acts of war, or detention; delays or expenses arising from quarantine, strikes, thefts, pilferage, force of nature, civil disturbance, government restrictions or regulations, accidents by aircraft, boat, rowboat, train, bus, motor or electric vehicle of any kind, auto tuk-tuk or bicycle tuk-tuk, or in any restaurant, place of visit or accommodation; failure of any means of transportation to arrive or depart as scheduled or changes to transit; missed airline or other transportation connections; or additional expenses resulting from changes in exchange rates, tariffs, or itinerary. The participant understands the risks of international travel politically and health-wise, and agrees to consult a health care provider/Travel Nurse regarding travel plans.

The participant agrees to assume all risks associated with the Retreat and agrees that no liability will attach to the Retreat Organizer, their assistants or agents, or to any member of the trip in respect of death, personal injury, illness or delay of the passenger, or for any loss

of or damage to the property (including luggage) of the participant during the course of the Retreat, howsoever caused. By signing this Retreat Participation Agreement, the participant releases the Retreat Organizer and their representatives from any such responsibility or liability, except as herein above set forth. The liability of common carriers is generally limited and, therefore, it is suggested that participants purchase their own cancellation, property damage (including luggage), and accident insurance. For the benefit of everyone on your trip, the Retreat Organizer reserves the right to accept or reject any trip participant at any time without liability, and in the event it determines, in its sole and exclusive discretion, that a participant is disruptive to the harmony of the Retreat, it may without any obligation to pay a refund or any other amount whatsoever, expel such participant from the Retreat. The Retreat Organizer will have no responsibility or liability for any participant who leaves the Retreat prior to its conclusion or for any activity undertaken by any participant that is not included on the Retreat Itinerary.

Retreat Price includes: your accommodations, 3 delicious organic buffet-style meals daily, workshops and yoga classes with Diana Hill/Luca Cupery, use of Blue Spirit's amazing facilities, and all events included with Reset and Restore retreat itinerary.

Retreat Price does NOT include: Airfare, airport shuttle to/from Blue Spirit, spa or rejuvenation center treatments, optional excursions, tips, alcoholic beverages, any food or drink not included in package, passports or visas, any items of a personal nature or any other expenses other than those expressly described in the brochure and above, meals during travel days, overweight baggage charges, hotel and travel incidentals, shopping, etc.

Conduct:

It is Diana Hill/Luca Cupery's intention to ensure that all participants have a safe and positive travel experience. Guests are expected to behave in an orderly and socially acceptable manner during the event. Diana Hill/Luca Cupery and their organizers reserve the right to remove any guest from the event if they behave in a manner unreasonable or disruptive towards the well being of other guests, Diana Hill/Luca Cupery's staff, the staff of our partner venues, or any person related or unrelated to the implementation of the event.

_____ **I agree to the above terms (please initial)**

By signing below, I verify I have read, understand, and agree to all the terms above.

Print Your Legal Name _____

Your Signature _____ Date _____